

Summary of Benefits

Blue Cross Medicare Advantage Choice Premier (PPO)SM
Blue Cross Medicare Advantage Choice Plus (PPO)SM

January 1, 2023 – December 31, 2023

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

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2023 Summary of Benefits

Blue Cross Medicare Advantage Choice Premier (PPO)

January 1, 2023 - December 31, 2023

Blue Cross Medicare Advantage Choice Plus (PPO)

Blue Cross Medicare Advantage Choice Premier (PPO) and Blue Cross Medicare Advantage Choice Plus (PPO) are a Medicare Advantage PPO plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call 1-877-774-8592 (TTY 711) and request the "Evidence of Coverage" or access it online at getbluetx.com/mapd.

To join **Blue Cross Medicare Advantage Choice Premier (PPO)** or **Blue Cross Medicare Advantage Choice Plus (PPO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas: Chambers, Colorado, Fort Bend, Galveston, Hardin, Harris, Jefferson, Liberty, Matagorda, Montgomery, and Wharton.

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services unless otherwise noted in your Evidence of Coverage (EOC).

For coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 7 days a week, 24 hours a day. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print or audio.

For more information, please call us at 1-877-774-8592 (TTY users should call 711). Hours are 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays, or visit us at getbluetx.com/mapd.

Understanding the Benefits

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit <u>getbluetx.com/mapd</u> or call 1-877-774-8592 to request a copy of the EOC.
- Review the *Provider Finder* (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the *Pharmacy Directory* to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Monthly Plan Premium (includes both medical and drugs)	You pay \$88.00 per month. In addition, you must keep paying your Medicare Part B premium.	You pay \$0 per month. In addition, you must keep paying your Medicare Part B premium.
Part B Premium Buy-down (if applicable)	This plan does not have a Part B Premium Buy-down.	This plan does not have a Part B Premium Buy-down.
Deductible	This plan does not have a deductible.	This plan does not have a deductible.
Maximum Out-of-Pocket Responsibility (does not include Part D	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.	
prescription drugs)	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:
	 \$6,050 for services you receive from in-network providers. 	 \$6,700 for services you receive from in-network providers.
	 \$11,300 for services you receive from out-of-network providers. 	 \$11,300 for services you receive from out-of-network providers.
	 \$11,300 for services you receive from any provider. Your limit for services received from in-network providers and your limit for services received from out-of-network providers will count toward this limit. 	 \$11,300 for services you receive from any provider. Your limit for services received from in-network providers and your limit for services received from out-of-network providers will count toward this limit.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Inpatient Hospital	In-Network:	In-Network:
	 \$275 copay per day for days 1-5 and \$0 copay per day for days 6-90 	 \$372 copay per day for days 1-5 and \$0 copay per day for days 6-90
	• \$0 copay per day for days 91 and beyond	 \$0 copay per day for days 91 and beyond
	Out-of-Network:	Out-of-Network:
	• \$500 copay per day	• \$500 copay per day
Outpatient Hospital	In-Network:\$325 copay	In-Network:\$325 copay
	Out-of-Network: \$400 copay	Out-of-Network: \$400 copay
Ambulatory Surgical	In-Network: \$225 copay	In-Network: \$275 copay
Center (ASC)	Out-of-Network: \$350 copay	Out-of-Network: \$350 copay
Doctor Visits	Primary care provider visit	Primary care provider visit
Primary care	∘ In-Network: \$5 copay	In-Network:\$20 copay
provider	Out-of-Network: \$30 copay	Out-of-Network: \$30 copay
 Specialists 	<u>Specialists</u>	<u>Specialists</u>
	In-Network:\$35 copay	In-Network:\$46 copay
	Out-of-Network:\$75 copay	Out-of-Network:\$75 copay

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Preventive Care	In-Network: \$0 copay	In-Network: \$0 copay
	Out-of-Network:\$0 copay	Out-of-Network:\$0 copay
(e.g., flu vaccine,	Important Message About What You Pay for Vaccines	Important Message About What You Pay for Vaccines
diabetic screenings)	Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Customer Service for more information.	Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Customer Service for more information.
	*Other preventive services are available. There are some covered services that have a cost. Please reference EOC for more detail.	
Emergency Care	\$90 copay per visit	\$90 copay per visit
	Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.	Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.
Urgently Needed Services	\$40 copay per visit	\$40 copay per visit

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Diagnostic Services/ Labs/Imaging	<u>Diagnostic radiology services (such as MRIs, CT scans)</u>	Diagnostic radiology services (such as MRIs, CT scans)
 MRI, CAT Scan X-Rays Diagnostic tests and procedures 	 In-Network: \$225 copay at a free-standing clinic, \$300 copay for services in an outpatient hospital setting 	 In-Network: \$300 copay at a free-standing clinic, \$325 copay for services in an outpatient hospital setting
Lab services	Out-of-Network:	Out-of-Network:
	• \$400 copay	• \$400 copay
	Diagnostic tests and procedures	Diagnostic tests and procedures
	In-Network:	In-Network:
	• \$100 copay	• \$100 copay
	Out-of-Network:	Out-of-Network:
	• \$200 copay	• \$200 copay
	<u>Lab services</u>	<u>Lab services</u>
	In-Network:	In-Network:
	• \$50 copay	• \$50 copay
	Out-of-Network:	Out-of-Network:
	• \$200 copay	• \$200 copay
	Outpatient X-rays	Outpatient X-rays
	In-Network:	In-Network:
	• \$5 - \$100 copay	• \$5 - \$100 copay

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Out-of-Network:	Out-of-Network:
	• \$200 copay	• \$200 copay
	Therapeutic radiology services (such as radiation treatment for cancer)	Therapeutic radiology services (such as radiation treatment for cancer)
	In-Network:	In-Network:
	• 20% of the total cost	• 20% of the total cost
	Out-of-Network:	Out-of-Network:
	• 50% of the total cost	• 50% of the total cost

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Hearing Services	Exam to diagnose and treat hearing and	Exam to diagnose and treat hearing and
 Medicare-covered 	balance issues	<u>balance issues</u>
hearing exam	In-Network:	In-Network:
Routine hearing exam	• \$45 copay	• \$50 copay
Hearing aid	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
	Routine hearing exam	Routine hearing exam
	In-Network	Not Covered
	 \$0 copay for 1 routine hearing exam each year 	
	Out-of-Network:	
	 50% of the total cost for 1 routine hearing exam each year 	
	Hearing aid fitting/evaluation	Hearing aid fitting/evaluation
	In-Network:	Not Covered
	 \$0 copay Purchase includes unlimited provider visits for fitting and adjustments within 12 months of purchase of hearing aids. 	
	Out-of-Network:	
	 50% of the total cost for 1 hearing aid fitting and evaluation visit every three years 	

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Hearing Aids	Hearing Aids
	There is a \$1,000 maximum plan coverage limit for hearing aids (both ears combined) purchased in- or out-of-network every three years.	Not Covered

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Dental Services	<u>Limited dental services (this does not include</u>	<u>Limited dental services (this does not include</u>
 Medicare-covered dental 	services in connection with care, treatment, filling, removal, or replacement of teeth)	services in connection with care, treatment, filling, removal, or replacement of teeth)
Preventive	In-Network:	In-Network:
Dental	• \$45 copay	• \$50 copay
Supplemental Dental	Out-of-Network:	Out-of-Network:
Services	• \$75 copay	• \$75 copay
	Preventive dental services	Preventive dental services
	<u>Cleanings</u>	Not Covered
	In-Network and Out-of-Network:	
	 \$0 copay for up to 2 cleaning(s) per year 	
	<u>Dental X-rays</u>	
	In-Network and Out-of-Network:	
	• \$0 copay for up to 1 bitewing X-ray per year	
	Oral exams	
	In-Network and Out-of-Network:	
	• \$0 copay for up to 2 oral exam(s) per year	
		Comprehensive dental services
		Not Covered

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Comprehensive dental services	
	In-Network and Out-of-Network:	
	 \$1,000 annual maximum coverage. For more details on benefits and benefit limitations regarding your dental coverage, please see your Evidence of Coverage. 	

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Vision Services • Medicare-covered eye exam	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening)	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening)
 Medicare-covered 	In-Network:	In-Network:
eyewear • Routine eye	 \$0 copay for Medicare-covered eye exam; \$0 copay for one vision specialist exam 	 \$0 copay for Medicare-covered eye exam; \$0 copay for one vision specialist exam
exam • Routine	Out-of-Network:	Out-of-Network:
eyewear	• \$75 copay	• \$75 copay
	Routine eye exam	Routine eye exam
	In-Network:	In-Network:
	• \$0 copay for 1 routine eye exam every year	• \$0 copay for 1 routine eye exam every year
	Out-of-Network	Out-of-Network
	\$40 allowance for 1 routine eye exam every year	\$40 allowance for 1 routine eye exam every year

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Eyeglasses or contact lenses after cataract surgery	Eyeglasses or contact lenses after cataract surgery
	In-Network:	In-Network:
	\$40 copay for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery	\$0 copay for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery
	Out-of-Network:	Out-of-Network:
	\$75 copay for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery	 \$75 copay for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery
	Routine eye wear	
	Contact lenses	
	In-Network and Out-of-Network:	
	• \$0 copay	
	Eyeglass frames	
	In-Network and Out-of-Network:	
	\$0 copay for 1 pair of eyeglass frames every year	

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Eyeglass lenses	
	In-Network and Out-of-Network:	
	\$0 copay for 1 pair of eyeglass lenses every year (Standard lenses only. Progressive lenses excluded)	
	\$100 maximum plan coverage limited in-network and out-of-network for routine eye wear every year (including eyeglass frames, lenses, and contact lenses)	

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM	
Mental Health Services Inpatient mental health Outpatient group therapy/ individual therapy visit	The inpatient hospital care limit does not apply to hospital. The copays for hospital and skilled nursing facility benefit period begins the day you're admitted as any inpatient care (or skilled care in a SNF) for 60 after one benefit period has ended, a new benefit	s up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. nospital care limit does not apply to inpatient mental services provided in a general hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A begins the day you're admitted as an inpatient and ends when you haven't received are (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF fit period has ended, a new benefit period begins. You must pay the inpatient hospital each benefit period. There's no limit to the number of benefit periods.	
	In-Network: • \$270 copay per day for days 1-6 and a \$0 copay per day for days 7-90 Out-of-Network: • \$500 copay per day Outpatient group therapy visit In-Network: • \$30 copay Out-of-Network: • \$50 copay	In-Network: • \$270 copay per day for days 1-6 and a \$0 copay per day for days 7-90 Out-of-Network: • \$500 copay per day Outpatient group therapy visit In-Network: • \$30 copay Out-of-Network: • \$50 copay	

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Outpatient individual therapy visit	Outpatient individual therapy visit
	In-Network:	In-Network:
	• \$30 copay	• \$30 copay
	Out-of-Network:	Out-of-Network:
	• \$50 copay	• \$50 copay
Skilled Nursing	Our plan covers up to 100 days in a SNF.	Our plan covers up to 100 days in a SNF.
Facility (SNF)	Inpatient hospital stay is not required prior to admission.	Inpatient hospital stay is not required prior to admission.
	In-Network: \$0 copay per day for days 1-20. \$196 copay per day for days 21-59. \$0 copay per day for days 60-100.	In-Network: \$0 copay per day for days 1-20. \$196 copay per day for days 21-59. \$0 copay per day for days 60-100.
	Out-of-Network: \$250 copay per day	Out-of-Network: \$250 copay per day
Physical Therapy	In-Network: \$40 copay	In-Network: \$40 copay
	Out-of-Network:\$75 copay	Out-of-Network:\$75 copay

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Outpatient Rehabilitation	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks)	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks)
	In-Network:	In-Network:
	• \$30 copay	• \$30 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
	Occupational therapy visit	Occupational therapy visit
	In-Network:	In-Network:
	• \$40 copay	• \$40 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
Ambulance	In-Network: \$275 copay for each one-way ground transportation trip,20% of the total cost for each one-way air transportation trip.	In-Network: \$275 copay for each one-way ground transportation trip,20% of the total cost for each one-way air transportation trip.
	Out-of-Network: \$275 copay for each one-way ground transportation trip, 20% of the total cost for each one-way air transportation trip.	Out-of-Network: \$275 copay for each one-way ground transportation trip, 20% of the total cost for each one-way air transportation trip.
Transportation	Not Covered	Not Covered

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Medicare Part B Drugs	In-Network: 20% of the total cost for chemotherapy drugs. 20% of the total cost for other Part B drugs	In-Network: 20% of the total cost for chemotherapy drugs. 20% of the total cost for other Part B drugs
	Out-of-Network: 50% of the total cost for chemotherapy drugs. 50% of the total cost for other Part B drugs	Out-of-Network: 50% of the total cost for chemotherapy drugs. 50% of the total cost for other Part B drugs

Premiums and Benefits	Blue C	ross Medicare Advan	tage Choice Premier	(PPO) SM
	Outpatient Prescription Drugs			
Deductible	\$295 per year for Part D prescription drugs except for drugs listed on Tier 1 Preferred Generic and Tier 2 Generic which are excluded from the deductible.			
	Once you have paid \$295 for your Tiers 3, 4 and 5 drugs, you leave the Deductible Stag and move on to the next drug payment stage, which is the Initial Coverage Stage.		9	
	Important Message	About What You Pa	y for Insulin	
	You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.			
	Preferred Retail Rx 30-day supply	Standard Retail Rx 30-day supply	Preferred Mail Order 90-day supply	Standard Mail Order 90-day supply
Initial Coverage				
Tier 1: Preferred Generic	\$0 copay	\$10 copay	\$0 copay	\$20 copay
Tier 2: Generic	\$10 copay	\$20 copay	\$20 copay	\$40 copay
Tier 3: Preferred Brand	\$47 copay	\$47 copay	\$94 copay	\$94 copay
Tier 4: Non-Preferred Drug	\$100 copay	\$100 copay	\$300 copay	\$300 copay
Tier 5: Specialty Tier *If you reside in a long-term facility, you pay the same as at a standard retail pharmacy.	28% of the total cost	28% of the total cost	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) [™]
	Outpatient Prescription Drugs
Coverage Gap	Your plan provides additional coverage through the gap. For Tier 1, you continue to pay the same amounts as you did in the Initial Coverage Stage.
	Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$4,660.
	After you enter the coverage gap, you pay 25% of the plan's cost for covered brand name drugs and 25% of the plan's cost for covered generic drugs until your costs total \$7,400, which is the end of the coverage gap. Not everyone will enter the coverage gap.
	Under your plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Plus (PPO) [™]			
	Outpatient Prescription Drugs			
Deductible	\$505 per year for Part D prescription drugs except for drugs listed on Tier 1 Preferred Generic and Tier 2 Generic which are excluded from the deductible.			
	Once you have paid \$505 for your Tiers 3, 4 and 5 drugs, you leave the Deductible Stage and move on to the next drug payment stage, which is the Initial Coverage Stage.			
	Important Message About What You Pay for Insulin			
	You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.			

Premiums and Benefits	Blue Cross Medicare Advantage Choice Plus (PPO) [™]			
	Outpatient Prescription Drugs			
	Preferred Retail Rx 30-day supply	Standard Retail Rx 30-day supply	Preferred Mail Order 90-day supply	Standard Mail Order 90-day supply
Initial Coverage				
Tier 1: Preferred Generic	\$0 copay	\$10 copay	\$0 copay	\$20 copay
Tier 2: Generic	\$10 copay	\$20 copay	\$20 copay	\$40 copay
Tier 3: Preferred Brand	\$47 copay	\$47 copay	\$94 copay	\$94 copay
Tier 4: Non-Preferred Drug	\$100 copay	\$100 copay	\$300 copay	\$300 copay
*If you reside in a long-term facility, you pay the same as at a standard retail pharmacy.	25% of the total cost	25% of the total cost	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Plus (PPO) SM
	Outpatient Prescription Drugs
Coverage Gap	Your plan provides additional coverage through the gap. For Tier 1, you continue to pay the same amounts as you did in the Initial Coverage Stage.
	Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$4,660.
	After you enter the coverage gap, you pay 25% of the plan's cost for covered brand name drugs and 25% of the plan's cost for covered generic drugs until your costs total \$7,400, which is the end of the coverage gap. Not everyone will enter the coverage gap.
	Under your plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier.

Premiums and Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM			
	Outpatient Prescription Drugs				
Catastrophic Coverage (after you or others on your behalf pay \$7,400)	Generic Drugs:You pay \$4.15 or 5% (whichever costs more)Brand-Name Drugs:	Generic Drugs:You pay \$4.15 or 5% (whichever costs more)Brand-Name Drugs:			
Generic DrugsBrand-NameDrugs	You pay \$10.35 or 5% (whichever costs more)	• You pay \$10.35 or 5% (whichever costs more)			
Cost-Sharing may change depending on the pharmacy you choose.					

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Acupuncture for	In-Network:	In-Network:
Chronic Low Back Pain	• \$35 copay	• \$46 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
Chiropractic Care	Medicare-covered manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position)	Medicare-covered manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position)
	In-Network:	In-Network:
	• \$20 copay	• \$20 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
Diabetes Supplies	Diabetes monitoring supplies	Diabetes monitoring supplies
and Services	In-Network: 0% or 20% of the total cost	In-Network: 0% or 20% of the total cost
 Diabetes Monitoring 	Out-of-Network: 20% of the total cost	Out-of-Network: 20% of the total cost
Supplies	Diabetes self-management training	Diabetes self-management training
- Diabetes	In-Network: \$0 copay	In-Network: \$0 copay
self-management training - Therapeutic shoes or inserts	Out-of-Network: \$0 copay	Out-of-Network: \$0 copay
	Therapeutic shoes or inserts	Therapeutic shoes or inserts
	In-Network: 20% of the total cost	In-Network: 20% of the total cost
	Out-of-Network: 20% of the total cost	Out-of-Network: 20% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Durable Medical Equipment (wheelchairs, oxygen,	In-Network: • 20% of the total cost	In-Network:20% of the total cost
etc.)	Out-of-Network:	Out-of-Network:
	• 20% of the total cost	• 20% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM Blue Cross Medicare Advantage Choice Plus (PPO) SM
Wellness Programs	\$0 copay for SilverSneakers † Fitness Program
	This benefit includes SilverSneakers instructor-led group fitness classes. At participating locations, you can take classes plus use exercise equipment and other amenities. Additionally, SilverSneakers FLEX [®] gives you options to get active outside of traditional gyms. SilverSneakers also connects you to a support network and virtual resources through SilverSneakers Live, SilverSneakers On-Demand [™] and a mobile app, SilverSneakers GO [™] . Plus, you get access to GetSetUp3, with thousands of live online classes to ignite your interests in topics like cooking, technology and art. All you need to get started is your personal SilverSneakers ID number. Go to <u>SilverSneakers.com</u> to learn more about your benefit or call 1-888-423-4632 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m. ET.
	Always talk with your doctor before starting an exercise program.
	 Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
	 Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.
	 GetSetUp is a third-party service provider and is not owned or operated by Tivity Health, Inc. ("Tivity") or its affiliates. Users must have internet service to access GetSetUp service. Internet service charges are responsibility of user. Charges may apply for access to certain GetSetUp classes or functionality.
	Blue Cross [®] , Blue Shield [®] and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.
	†SilverSneakers, SilverSneakers FLEX, SilverSneakers On-Demand, and SilverSneakers GO are registered trademarks or trademarks of Tivity Health, Inc.

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Foot Care (podiatry services)	Medicare-covered foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions	Medicare-covered foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions
	In-Network:	In-Network:
	• \$45 copay	• \$45 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay
Home Health Care	In-Network:	In-Network:
	• \$0 copay	• \$0 copay
	Out-of-Network:	Out-of-Network:
	• 50% of the total cost	• 50% of the total cost
Opioid Treatment	In-Network:	In-Network:
Program Services	• \$35 copay	• \$50 copay
	Out-of-Network:	Out-of-Network:
	• \$75 copay	• \$75 copay

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Outpatient	Group therapy visit	Group therapy visit
Substance Abuse Services	In-Network:	In-Network:
Sel vices	• \$75 copay	• \$75 copay
	Out-of-Network:	Out-of-Network:
	• \$100 copay	• \$100 copay
	Individual therapy visit	Individual therapy visit
	In-Network:	In-Network:
	• \$75 copay	• \$75 copay
	Out-of-Network:	Out-of-Network:
	• \$100 copay	• \$100 copay
Over-the-Counter Items	Not Covered	Not Covered

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Prosthetic Devices (braces, artificial limbs, etc.)	Prosthetic devices	Prosthetic devices
	In-Network:	In-Network:
iiiios, etc.)	• 20% of the total cost	• 20% of the total cost
	Out-of-Network:	Out-of-Network:
	• 20% of the total cost	• 20% of the total cost
	Related medical supplies	Related medical supplies
	In-Network:	In-Network:
	• 20% of the total cost	• 20% of the total cost
	Out-of-Network:	Out-of-Network:
	• 20% of the total cost	• 20% of the total cost
Meals	Not Covered	Not Covered
Renal Dialysis	In-Network:	In-Network:
	• 20% of the total cost	• 20% of the total cost
	Out-of-Network:	Out-of-Network:
	• 50% of the total cost	• 50% of the total cost
Telehealth Services	In-Network:	In-Network:
	 \$0 copay for urgent care visits through MDLive 	 \$0 copay for urgent care visits through MDLive

Additional Member Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the total costs for drugs and respite care. Hospice is covered outside of our plan. Please contact us for more details.	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the total costs for drugs and respite care. Hospice is covered outside of our plan. Please contact us for more details.

Optional Supplemental Benefits	Blue Cross Medicare Advantage Choice Premier (PPO) SM	Blue Cross Medicare Advantage Choice Plus (PPO) SM
OSB Package Monthly Premium	Not Included	 You pay additional \$54.70 per month Vision Dental Hearing



Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Texas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact a Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Texas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35th floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960. You can file a grievance by phone, mail, or fax. If you need help filing a grievance, a Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-774-8592 (TTY/TDD: 711). Someone who speaks English/Language can help you. This is a free service.
Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-774-8592 (TTY/TDD: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.
Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑 问。如果您需要此翻译服务,请致电 1-877-774-8592 (TTY/ TDD: 711)。我们的中文工作人员很乐意帮助您。 这是一项免费服务。
Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-877-774-8592 (TTY/TDD: 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。
Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-774-8592 (TTY/TDD: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.
French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-774-8592 (TTY/TDD: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.
Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-774-8592 (TTY/TDD: 711). sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phi.
German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-774-8592 (TTY/TDD: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-774-8592 (TTY/TDD: 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.
Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатным услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-774-8592 (TTY/TDD: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.
Arab: سيقوم شخص ما يتحدث العربية إإننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول 8592-774-774-1 (/TTY 711 :TD). بمساعدتك. هذه خدمة مجانية على مترجم فوري، ليس عليك سوى الاتصال بنا على
Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए बस हमें 1-877-774-8592 (TTY/TDD: 711). पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.
Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-774-8592 (TTY/TDD: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un serviz gratuito.
Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-774-8592 (TTY/TDD: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.
French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yo entèprèt, jis rele nou nan 1-877-774-8592 (TTY/TDD: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.
Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-774-8592 (TTY/TDD: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-877-774-8592 (TTY/TDD: 711). にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。



Out-of-network/non-contracted providers are under no obligation to treat Blue Cross Medicare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

This information is not a complete description of benefits. Call 1-877-774-8592 (TTY: 711) for more information.

PPO plans are provided by HCSC Insurance Services Company (HISC) and GHS Insurance Company (GHSIC). PPO employer/union group plans provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HCSC, HISC, and GHSIC are Independent Licensees of the Blue Cross and Blue Shield Association. HCSC, HISC, and GHSIC are Medicare Advantage organizations with a Medicare contract. Enrollment in these plans depends on contract renewal.

Premium, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details.